ASSESSMENT STATUS REPORT

Name of the Department: Yoga Center

Year of Report : 2011-2012

Part A:

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year.

The measures taken for quality assurance and self analysis showed positive results in the development of academic and research activities of the department. The Faculty members motivated the students for research and to achieve excellence in academics. For student excellence departmental seminars have been organised over various diseases like cervical, slip disc, thyroid, diabetes etc. The students and teachers also participated in various National and International conferences and presented their papers.

For quality improvement in the field of academics, research and extracurricular activities various suggestions from teachers and students were accepted and implemented.

Department worked with a goal to provide best possible knowledge in the field and for the overall development of the students through regular teaching and discussion with them.

The last curriculum up date was in the month May 2011. The matters related to curriculum such as course content, course coverage, quality of question papers and performance of students etc were discussed with the external examiners, who visited the Department on various occasions. The following experts visited the department during 2011-2012 and have given positive reports on the above mentioned aspects.

1. Dr. R.K. Dauneria

Director, kaivalyadhama Yoga research center Bhopal

2. Dr. Uma Shankar Tripathi,

Sports officer
Govt. Girls college, Bhitarwar
Gwalior

The curriculum was revised on the basis of latest books on each topic and after considering yogic therapy over various diseases. The prepared syllabus was placed for comments to above mentioned experts who visited the Department.

The Feedback from students was taken in May 2012 and analyzed at the Department meeting. The actions are being taken on the feedback obtained from students. Feedback summary and actions taken file is present in the Dept.

The overall development of the department has taken place during the year 2011-12 in the form of equipment and purchase of latest books for the departmental library by the support of UGC XI Plan Grant.

Part B:

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| 01 | Activities reflecting | Regular teaching with teaching aids |
| | the goals and | Syllabus coverage in details |
| | objectives of the | Promotion of research activities |
| | institution | Seminar presentation by students |
| | | Project work of 3 months undertaken by P.G. Diploma in |
| | | yoga therapy course |
| 02 | New academic | None |
| | program initiated | |
| 03 | Innovations in | None |
| | curricular design | |
| | and transaction | |
| 04 | Inter-disciplinary | None |
| | programmers | |
| | started | |
| 05 | Examination | Semester system is followed and the answer sheets are shown |
| | reforms | to the students after evaluation. Discussion on the answers is |
| | implemented | held to make more understanding on the subjects. |
| 06 | Candidates | None |
| | qualified | |
| | NET/SLET/GATE | |
| 07. | Initiative towards | None |
| | faculty development | |
| | programme | |
| 08 | Total number of | None |
| | seminars/workshops | |
| | conducted | |
| 09 | Research projects | None |
| | a. Newly | |
| | implemented | |
| | b. Completed | |
| 10. | Patents generated if | None |
| | any | |

| 11. | New collaborative research program | None |
|-----|--|---|
| 12. | Research grants received from various agencies | None |
| 13 | Details of Research scholars | None |
| 14. | Citation index of Faculty members and impact factor | Nil |
| 15 | Honors/Awards to the faculty | None |
| 16 | Internal resources generated | Departmental Fees |
| 17. | Details of departments getting SAP, FIST, etc assistance/ recognition | None |
| 18. | Community services | None |
| 19. | Teachers and officers newly recruited | Nil |
| 20. | Teaching-Non- teaching staff ratio | 1:2 |
| 21. | Improvements in the library services | New Books with latest titles have been added in the Departmental Library by the support of UGC XI Plan grant. Books 4,00,000/- |
| 22. | New books/journals subscribed and their Value | BOOKS 4,00,000/- |
| 23. | Courses in which Student Assessment of Teachers is introduced and the action taken on student feedback. | P.G. Diploma in yoga therapy course, M.A in yoga course Student's Feedback was analyzed. Overall rating about the department and teachers was very good. |
| 24. | Unit Cost of Education. | Rs. 19200/- |
| 25. | Computerization and Administration and the process of Admissions and examination, result issue of certificates. | To some extent |
| 26. | Increase in the infrastructural | None |

| | facilities. | |
|-----|--|--|
| 27. | Technology up gradation. | Networking facility through IT center with one switch, LCD projectors are available. |
| 28 | Computer and internet excess and training to teacher and students. | No |
| 29. | Financial aid to students. | Govt. aid is provided to SC/ST candidates |
| 30. | Activities and support from the Alumni Association. | None |
| 31. | Activities and support from the parent Teacher Association. | None |
| 32. | Health Services. | Students are provided Health Centre facility by the University |
| 33. | Performance in sports activities. | Students participated in Inter Departmental Sports activities. |
| 34. | Incentives to outstanding sports persons. | None |
| 35. | Student achievements and awards. | None |
| 36. | Activities of the Guidance and Counseling Units. | None |
| 37. | Placements services provided to student. | None |
| 38. | Development programmes for Non- teaching staff. | None |
| 39. | Healthy practices of the institution. | Regular and quality teaching Active participation in research activities Departmental harmony in working For quality assurance, self analysis and feedback from students is practiced. |
| 40. | Linkages developed with National/ International, Academic/Research bodies. | None |
| 41. | Any other relevant information the institution wishes to | Department works for the overall development of the students through regular teaching and discussion with the students. |

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Part C: Detail the plans of the institution for the next year:

Curriculum

The curriculum designing of the course is balanced and broad based for its applicability to other disciplines, which require yoga background.

The syllabus is revised generally at the beginning of the session to include recent advancement.

Strategies of teaching learning

For student excellence, departmental seminars have been organised related to various diseases like cervical, slip disc, thyroid, diabetes etc

Mainly through lecturing and seminars aided by LCD.

Student feedback system design

Student's feedback about department, faculty and course will be practiced as per IQAC design.

Collection of feedback and its analysis; Format of analysis

Feedback will be collected every year by 15th December for all the three Semesters from the students and will then be analyzed by the Faculty members by 1st week of January. The overall report considering various points will be prepared and necessary improvements will be done for the coming year.

Improvement plan

Infrastructure

There is no proposal for further construction in the year 2012-2013.

Research activities & promotion

- 1. Faculty participation in Seminars, Conferences and visits will be encouraged
- 2. Collaborative research activities will be promoted.

(Shiv Shankar sharma) Name & Signature of the Coordinator IQAC (Shiv Shankar sharma) Name & Signature of the Head, yoga center